

CHRISTINA LYNN KALAFSKY

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SKILLS AND EXPERIENCES:

- **Clinical Skills:** Enhanced clinical nutrition assessment and intervention skills in patients assigned to telemetry, medical/surgical, oncology and intensive care units; managed 8 to 10 patients per day during staff relief. Demonstrated proficiency in NCP documentation using EPIC and Cerner electronic health record systems. Achieved “exceeds expectations” performance scores at Children’s National Medical Center, Baltimore Washington Medical Center, and Baltimore VA Medical Center. Demonstrated transference of NCP skills during dialysis (outpatient) and long term care rotations.
- **Publication Activity:** Awarded “Best Student Poster” at the 2014 DC Metro Area Dietetic Association annual meeting; abstract entitled “The Importance of Nutrition Intervention in the Management of Chronic Pancreatitis.” Published nutrition-related blog posts on the International Food Information Council website, Academy of Nutrition and Dietetics Informatics Blog, the Society for Nutrition Education & Behavior Communications Blog and University of Maryland Dietetic Internship Blog.
- **Technology and Computer Skills:** Demonstrated proficiency in web-page design, development and maintenance via professional website portfolio. Adept in Microsoft Office, social media marketing tools (Facebook, Twitter, Instagram), and web-based technologies.
- **Team and Presentation Skills:** Organized, marketed and executed restaurant theme meal with internship partner for 175 guests and generated a 9% profit. Collaborated with internship partner to develop technology tool presentation for dietitians attending the Maryland Dietitians in Health Care Communities Spring 2014 Workshop with over 90 attendees.

PROFESSIONAL EXPERIENCES:

University of Maryland, College Park, MD

August 2013 to June 2014

Dietetic Intern

44-week dietetic internship with nutrition communication and technology management concentration.

- Developed a diverse range of skills and enhanced adaptability via completion of rotations through 12 different facilities.

Chick’s Oyster Bar, Virginia Beach, VA

Summers, 2006 to 2013

Hostess, Food Runner, Server

- Fostered guest satisfaction in a fast-paced environment. Demonstrated effective conflict resolution skills with customers.

Sentara Healthcare, Hampton Roads, VA

May 2012 to June 2012

Student Intern

- Completed 100 hours in four different hospitals shadowing registered dietitians and the food service team in a clinical setting.

EDUCATION:

James Madison University, Harrisonburg, VA

May 2013

Bachelor of Science in Dietetics; Graduated Summa Cum Laude